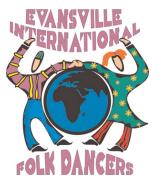
OLAMOS

Source: Andor Czompo. Translation: Jumping Dance Rhythm: 2/4

Formation: Individual dancers, frequently done in a circle. W's hands on hips, fingers FWD and thumbs BKWD w/slightly bent wrists. M's hands in the air w/elbows close to side.

<u>Measures</u>	Counts	<u>FIG. 1</u>		
1	1	Facing center, step on R to R		
	&	Step L across in back of R		
	2	Small step or slight leap on R to R, slightly bent knees and bringing L close to R ankle		
2	1	Slight jump on balls of feet w/L in front of R (both feet are slightly turned out)		
	2	REPEAT measure 2, count 1 but w/opposite footwork		
3-6	-	REPEAT measures 1-2 twice (three times total)		
7	1	Facing center, step on R to R		
	&	Step L across in back of R		
	2	Small step or slight leap on R to R, while lifting L foot to the L side		
8	1	Small jump on R to L (RLOD) while clicking L foot to R foot		
	2	Small jump on L to R (LOD) while clicking R foot to L foot		
		<u>FIG. 2</u>		
1	1	Small step on R in place		
	&	Step on L heel diagonally FWD (toes are up)		
	2	Small step on R in place		
2	1	Hop on R foot in place		
	&	Step on L heel diagonally FWD (toes are up)		
	2	Small step on R in place		
3	1	Hop on R foot in place		
	&	Step on L heel diagonally FWD (toes are up) and clap hands		
	2	Step on R foot BKWD		
	&	Step on L heel diagonally FWD (toes are up) and clap hands		
4	1	Step on R foot BKWD		
	&	Step on L heel diagonally FWD (toes are up) and clap hands		
	2	Step on R foot BKWD and clap hands		
5-7	-	REPEAT measures 1-3 without clapping hands		
8	1	Step on R foot BKWD while lifting L foot to side		
	2	Make a small hop on the R foot to the L, while clicking L foot to the R foot		

(fig. 3 continued on next page)



DANCE NOTES - MUNGARY

...OLAMOS CONTINUED

<u>Measures</u>	Counts	FIG. 3
1	1	Step on R foot to R
	&	Step L across in back of R
	2	Step on R foot to R
2	-	REPEAT measure 1 w/opposite footwork and direction
3	1	Step on R foot to R
	&	Step L across in back of R
	2	Step on R foot to R
	&	Step L across in back of R
4	1	Step on R foot to R
	&	Step L across in back of R
	2	Step on R foot to R w/slightly bent knee
5-7	-	REPEAT measures 1-3 w/opposite footwork and direction
8	1	Step on L to L while lifting R foot to R side
	2	Jump R, landing w/a clicking of heels

REPEAT FROM BEGINNING